

STAY SAFE AROUND WATER



ESPECIALLY DURING HOT WEATHER

When the weather is warm, rivers, lakes, reservoirs and canals can look inviting. But water can be dangerous, even on the hottest days. Stay safe, stay aware and look out for your friends.



DID YOU KNOW?



Even when the air is hot, open water can be very cold.



Cold water shock can make it difficult to breathe or swim.



Most people who drown never planned to swim.



Most water-related incidents happen when people are with friends and taking risks.



Drowning is one of the leading causes of accidental death for children and young people in the UK.

WATER IN WAKEFIELD

Wakefield district is home to many beautiful waterways, including:

- 💧 Rivers
- 💧 Canals
- 💧 Lakes
- 💧 Reservoirs
- 💧 Ponds and fishing areas



Water may look calm but hidden dangers can include:

- ⚠️ Strong currents
- ⚠️ Deep water
- ⚠️ Slippery banks
- ⚠️ Underwater objects
- ⚠️ Sudden drops
- ⚠️ Cold temperatures

THE WATER SAFETY CODE



STOP
Stop and think.



LOOK
Check for dangers and warning signs.



STAY TOGETHER
Always stay with friends or family.



CALL 999
Ask for the Coastguard if at the coast or Fire and Rescue Service for inland water emergencies.

THE RISK IS REAL: DROWNING CAN HAPPEN IN SECONDS

Drowning is silent and can happen quickly – even in shallow or calm-looking water. It can happen to anyone, anywhere.

IF SOMEONE FALLS INTO WATER – DON'T GO IN!



Call 999 immediately



Shout reassurance



Throw something that floats



Reach with a long object if safe



Never put yourself in danger

FLOAT TO LIVE

If you find yourself unexpectedly in water:

- 1 Tilt your head back
- 2 Relax and float
- 3 Control your breathing
- 4 Move your hands gently
- 5 Call for help when you can



REMEMBER

ENJOY SUMMER.
RESPECT WATER.
STAY SAFE.



WATER CAN BE FUN, BUT ONLY IF YOU STAY SAFE.

BE AWARE. BE PREPARED. LOOK OUT FOR OTHERS.
WATER SAFETY STARTS WITH YOU.

Find more support and information at WF-I-CAN

